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POSITIVE EMOTIONS AND FEELINGS OF SUCCESS IN THE EDUCATION OF NATIONAL SELF-IDENTITY

R. Soichuk

Modern social and political realities exacerbated the problem of education of spiritual amount moral personality, striving for national self-assertion as a guarantee of sustainable development of Ukrainian society. Before psycho-pedagogical science was faced with the task of scientifical analyzing emotions, experiences, motives of behavior with the goal of creating appropriate conditions for the full formation of the personality, which determines the meaning of our lives guided by the social-meaningful social, moral and spiritual values and focuses its activities in the interests of the Ukrainian state and nation.

Various aspects of emotional experiences of the individual in the process of national affirmation in different width were developed by famous scientists, in particular, can be traced the psychological and pedagogical researches of Ukrainian scientists. Bech, M. Baryshevskop P. Ignatenko, S. Zanuka, Y. Platonov, and others. Analysis of the problem shows that the issue definition of scientists and create the necessary conditions for the person experiences posteriorism, in particular joy of success due to reaching the good results that provides personal self-confidence for the sake of obeying their life to the interests of the state and nation.

Modern man in a changing present wants to find himself in a complex coordinate system. However, as noted by the famous scientist I. Bekh: "... modern" can be only that person who supremely conscious. After all, to exist entirely in the present means to fully realize its existence which requires maximum intensity and extensiveness of consciousness" [3, 206]. "Moder" people, which has grown into a historical stage of human consciousness, can understand present with the position of the future. If you want to achieve in life as much as the others present is the transition. Only a person who is aware of the present, can be considered "moder" [3, 207].

The purpose of the article is to conduct a brief analysis of the emotional experiences the individual in the process of national affirmation and clarification of their impact on the formation and development of spiritual and moral personality, capable to work in interests of the state and nation.

For personality is characterized by a natural desire to be happy, to achieve success relates to the activity as a determinant of all activities and livelihoods. Activity and in the processuccess will be in the incentive system as a driving force, namely feelings to influence formation and development of humanistically oriented personality or individualistic.

Personality determines the meaning of our lives, guided by the social-meaningful social-meaningful moral and spiritual values as true representante perfection. Deeply feeling her responsibility towards society, government, themselves, the younger generation plays a very significant role shaping the nation through its full thirst of self-affirmation through unity in community. "People tend to worthy causes, lives at the limit of their real psychological capabilities, which sees deeper meaning of its existence" [3, 170]. For such a personality "characterized by a sense of confidence" about achieving their goals" and it "... deeply understands that life imposes on it responsibility obligations which she must not back down" [3, 170]. Thus, personality is a particular subsection of the legacy entities and those that arose as a result of socialization by increased interaction identification with certain groups. The personality becomes full and harmonious were awareness of their own identity as polisemy of consciousness (individual and collective ontogenetic and socaholics). Therefore, the problem of national self-identity should be considered as an integrative quality of personality that is manifested in the formation of a positive national identity, the choice of his active social and civic position in society, which is characterized by responsibility to its nation, willingness to defend and protect its national interests. National assertion involves the mobilization of all of their intellectual and spiritual potential of the individual to achieve success in the interests of the Ukrainian people and the value of the Ukrainian national

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ningful social responsibility nificant role in unity. "People h sees deeper of confidence ponsibility and lar subsystem interaction and nious with an and collective be considered ositive national cterized by the . National set of the individual rainian nation.

According to I. Bech, the need to prove oneself is the basis for the formation mechanisms of moral-spiritual development of a personality. The process of self identity in the presence of a deep moral knowledge, a developed intellect, moral sentiments and volitional qualities. Only the emotional ability to relate correctly to reality, to Express opinions and views, which she holds in life, providing an opportunity of self-personality. He notes that the determining factors of the personal self is "past – present – future" of human existence, where the individual is the author of free action, which does not depend "directly from the current needs and directly perceived situation, the actions aimed at the future" [1, 30]. According to the scientist, "the strategy of constructing the identity associated with the approval activity of man, his freedom. Freedom is self-determination of the spirit of man, his frame of reference. In psychological perspective, freedom is the intention of the person to make an intelligent decision to make a proper choice, it is an opportunity to be and become. She is a driving force of activity of the subject. Can be interpreted the freedom of will that comes from the self, as a manifestation of indeterminism" [1, 30-31].

From a pre-defined note that the freedom in self-esteem is a purposeful activity, where determination of the action takes place directly at the person when she is able to make adjustments to their activities and circumstances, taking into account the objective when there is the right and the opportunity to choose their own tasks, tools, conditions and creatively integrating them in a creative realization. I. Bech says: "the Desire for freedom must be one of the most important among the social aspirations of man. It is about the active nature of man, of his available acts and actions, i.e. such that do not depend on external causes. Committed person every time things seem to expand the boundaries of its freedom" [1, 200]. Thus, the internal and external determinants related to characteristics of the social environment, in personality, affect the process of self-affirmation. "Optimistic opinion of the younger identity regarding their own life is an important condition for the feeling of success and public demand" [3, 182]. This, in turn, promotes the development of individual resilience in overcoming difficulties builds character and gives the inspiration for further steps to self-improvement and self-development.

The perfection of an individual occurs in a deliberate struggle with your ego-desires, efforts will aim to reach the Acme extent of his moral and spiritual self-development. Experiencing transformation, samovyravnivayuschie yourself, personality is filled with noble dignity. Personality transformation, samovyravnivayuschie yourself, personality is filled with noble dignity. Personality tests yourself, using mental, volitional, emotional, sensory, activity-based education in external activities, and is simultaneously internal and Samoobrona. Samoobroona inner personality is quite complex and deep process of her inner world, which is a behavior-thoughts and actions-feelings that are directed against other people and their value correspond to the actions are the external actions. The thoughts and inclinations that arise in the inner world of the personality, in the first place it must be perceived to be a test subject. Existing noble values (justice, honesty, generosity, and the like) of an inner spiritual experience of the individual act as spiritual structures that carry out the function test of entities in a consistent volume. So, diagnosing the view or train, a noble value in postructure personality affects their appearance: stimulating or inhibiting. Thus, the noble worth of the individual acts logical, emotionally-semantic extension of the functions of identifying internally deployed actions [1].

A person with a strong motive of achieving aims in life to experience the joy of success due to the achievement of high results. Such a person in its activities persistent in achieving goals, striving each time to complete the task, he enjoys the work and overcomes the difficulties on the way to pursue new goals. The idle state is high positive result supports the formation of identity is a "sense of effectiveness", which encourages her to use the maximum of their potential and provides further confidence in the work of [5, 167-169]. Personality, experiencing satisfaction from the offense, filled with desire to appropriate action that calls the appropriate emotion-a review. In the future, powerful energy that is liberated from "I", backed by strong-willed effort, generates sense, that is, spiritual value and emotional impact that is experienced by the person as an emotion challenge [2, 10].

It is worth noting that personality does not always reach the intended target, and that is a positive result. In this case, the person is going through life miserably, her filled with negative emotions. Each person is capable of such negative emotions as fear and stress, based on the traumatic emotional education. Such negative emotions tend to increase the intensity under the influence of the unknown. To overcome anxiety, fear, personality as the subject of the emotional experiences she has to endure intimate and confidential process and overcome it. Integrated reflective work personality creates an internal readiness to overcome anxiety and restore peace of mind and confidence. I. Bech, describing the many facets of reflection about spiritual selfdevelopment, differentiates between types of personality in the context of reflective perfection: reflexive undeveloped (there are no internal resources to fight, to assert themselves, to dream come true), reflexive napavine (able to defend Me, partly reflects itself) and developed reflective (conscious, purposeful increases his spiritual I, reinvents samotnosci the traversed path of life) [4, 30-37]. So the person in your life should use "psihologicheskimi way of relating to ... of the failures of life needs to appeal to the Supreme destination of a person in the world that only through its activity possible socio-economic and spiritual-cultural life, and she is responsible. despite personal complications" [3, 167].

The inner world of the personality is complex, with a wide range of emotions, namely integrates the joy, which contains a great educational potency, which are currently not being actively used in the traditional educational process. Of course, the teacher can not teach a pet to enjoy, however it can present a model of lifestyle and share the joy. Joy arises and accompanies the achievement or success of the individual, but sometimes a situation arises postproject and the absence of positive emotions. Joy has the ability to disappear and deliberate in its achievement as such. In perfect condition after the joy is evident in many social and creative activities that do not provide benefit. It is nekolku on the semantic orientation of action and determine the morality of the individual. Moral good, fit is unflattering and public resumee with a real positive way "I" of personality [1].

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Experiencing the joy of the personality are activated by its essential power, bringing to life the unused mental reserves. The emotion of joy provides the perfect development of moral "selfimage" as she makes a moral norm self-worth, her inner need. Feelings of joy for the outcome of moral actions builds a holistic positive image of the "I". Integrate, a feeling of joy for themselves and the interest causes the development of self-esteem and awareness of self-worth. Joy causes a high level of energy recovery that in turn prevents depression and gives self-confidence. benevolence. And although it is not like happiness, but the two concepts are intertwined, because a happy person more happy. Usually the feeling of happiness covers a person because achieving certain goals or success in an outstanding activity. At the same time, and perhaps equally important experience of individual state of inner happiness from the perfect spiritual and moral act of all acts" [1, 12]. Such a person is able to fully enjoy life in all its manifestations. Being constantly in a state of elevated peace of mind, identity produces strong optimistic position that serves as an active stabilizer from all sorts of adversity and becomes a great motivator to further personal productive approval. Joy makes changes to the sensory system, increasing the thresholds of negative emotions that provides a person confidence, generosity and altruistic behavior increases. Identity, experiencing the joy of the acquired personal property, which was introduced in the relevant deed, comprehended, understood, and is summarized as exercises in moral action, and transformed a sense of dignity.

M. Bubna notes that compliance with personal norms is associated with high self-esteem self-respect, confidence in the correctness of their ideas and positions. In General, when a person happy with themselves, this is evident in the esteem as a consequence of the high assessment of the existing most important, in her opinion, the qualities that are necessary for overall development of personality. The motive of self-esteem is "a personal human need to make experience maximum positive and minimum negative samostalni" [2, 169]. It is worth noting that high self-esteem does not come into the number of synonymous with arrogance, haughtiness or conceit, self-esteem is believing in yourself, your own strength and the ability to change or

eradicate its faults, provides the person confidence and independence. Negative is the low self-esteem, because a person experiences the feeling of inferiority, nedostajes, extremely particular vulnerability and sensitivity to everything that relates to her self-esteem, sensitive to criticism and painfully the negative opinion of outsiders. Such a state brings an individual into the crisis situation of impossibility of realization of the process of education, especially of self-education.

The attitude, the sense of "I" manifested in feelings of self-esteem, respect and is reflected in adequate emotional evaluation of personal characteristics. However, it should be noted that the true meaning and the validity of the feeling personality in relation to itself acquires when they are transferred accordingly and to others. "It is impossible to truly respect yourself, if

there is no sense of respect for others" [1, 181].

The process of experiencing joy integrates concentrated inexhaustible potency that increase an individual's ability to understand the nature of beauty and goodness in their own lives and their people. After all, the feeling of joy of life, "often even a small joy of overcoming and repression give birth to strength and perseverance. Strengthening the suppression deprives of courage, rare pleasures lose their effect because the suppression of the spirit and exceed weakness: character is determined by those impressions, which are stronger and which predominated" [11, 169]. By its nature, the joy manifested after the most spectral of socially significant and creative actions, which determine the semantic orientation of the high morality of me individual, since the goal was not receive benefit. It is in the process of direct experience of by for themselves as representative of a nation or other community member, the person acquires emotional value of samostalna as confidence, significance and solidity of the achievements of the people with whom he identifies himself, which gives it a feeling of ability to overcome challenges individually and collectively. When you experience joy increases sensitivity and provides social interaction related to meeting moral and spiritual needs. Also re the joy increases resistance to the experience of failure, increases ability to achieve more complex goals of the nation and the individual in particular, and at the same time has the ability to soothe and relieve mental stress, tear, stress, anger [1, 194-196]. It is the experience of joy arising from the maximum moral effort of the individual aiming to achieve the highest degree of development and self-actualization, strengthen the process of national self-awareness of personality and gives confidence in their

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strength, makes her more compassionate and capable of altruistic behavior.

National dignity in the most modern studies serves as a sufficient level of self-esteem,

awareness of own values and values of its people, is based on adequate self-assessment of

subject specific community. National dignity is considered as the feelings that underlie social

contributions of the nation; the high evaluation of one's own national cultural values, in particular of the native language. National pride is the primary source of creative activity and inspiration that nourishes the nobility of feelings in connection with achievement of material and spiritual culture of his people, his national identity and the world of human creativity. Supporting or rooting for certain historical mistakes and shortcomings, facts, events and phenomena in the historical past and present of its people, the personality with the formed national dignity will not be indifferent to other people, to society and to the state, to other Nations. The sense of national dignity plays a defining feature of motivation to form a community of people feeling the constant commitment of national affirmation and national self-development to establish oneself as a worthy and equal cartner, to occupy a prominent place among leading countries of the world. The idea of national dignity is inextricably linked with the national revival and self-determination, national neependence and unity, it is based on ancient traditions, customs, language, wisdom of the people, faith in its future, good-neighborliness with other Nations, national courage and patience,

national honor, the pursuit of knowledge and education. Based on the positive feelings of signify and pride for their nation, its history to develop a sense of national pride. Through the lization of self-worth a person understands their value, determine their significance in society.

Platonov notes that an important element of psychological peculiarities of personality are rational feeling and sentiment, namely: commitment to national values, values [12].

Thus, the feeling of love for his country and people, a person's realization of belonging to a nation is manifested in the understanding of common interests, national culture and language and is based on adequate positive national self-identity. It should be noted that the level of development of the self determines the behavior of the individual in respect to both its own people and other Nations. In the national self-assessment reflects the value relation of the individual to its abilities and qualities as a member of the community and the possibility of influencing the course of history of his people and the significance of the influence of the nation on global development. Members of the national community represent the most valuable asset of nation and their interests in the first place last must defend and protect for the common goal they are jointly working to realize their potentialities, proud history and contribution to world culture, create the future of their nation. When a person is not able to think positively about their own national identity, it fills the feeling of inferiority, guilt for the "inferiority" of the people, because she did not disclose for national potential and opportunities, has not taken the values of the people, which in turn affect the General condition, depression, meekness, humility possess the person. Such processes are harmful for the individual and for the nation as a whole, because under the influence of low national self-esteem her representative if possible refuse of belonging to their nation, is inert, passive, does not seek to change the situation to succeed, both individual and collective. This feeling of inferiority can be transformed to the General state of the nation, humiliating national dignity, which creates conditions for weak governance the human community. Humiliation of national dignity is accompanied by an extremely vulnerable impact on personal dignity, which is reflected in the negative relation of personality to yourself, and there was a trend towards interpersonal destructive behaviour. The feeling of inferiority is dangerous because even though most conscious Ukrainians, feel that without the help of others can neither live nor fight. and this creates the illusion of liberators, peacekeepers. For many years suppressed the contribution of Ukrainians to the progress of science, technology and culture. Was considered and quite often on the modern stage dominated by the view that the Ukrainians has for what and for whom to be proud, and later this state became the self-flagellation, snapappliance and political apathy regarding the upholding of national interests. Chronic condition of servile nation is doomed to intellectual impoverishment and focused on the past, not the future. It is only in the past were of victory, freedom and independence, victory and heroism, moments of glory ... Also there were attempts to deprive the people of historical memory, to rewrite history, to break the spirit, to bleed the nation, and replacements to recognize and bow down before a stranger in awe and love, so his forced xenophilia. Characteristic was the silence of the achievements, events, developments or Ukrainian talent was to serve for the benefit of another, a stranger, which led to the emergence of "secondary culture". The challenges facing the current generation, is to etch a complex of national inferiority and to move away from devel adryanna past events of history and moving on to the issues of creation of the future national self-assertion [13, 133]. In national selfaffirmation concentrated a powerful force the whole community to overcome historical stereotypes by joint efforts. It should be noted that when a person is convinced of the importance and value of his nation, knows historical and contemporary value of the contribution of the achievements of her people in world culture boasts well-known representatives of the nation, respects and seeks to imitate them, then the formation of adequately high national self-esteem is expressed in the desire of national affirmation: the world contribute to the development of their national traditions, language, material and spiritual culture; the willingness to defend their national pride, freedom, sovereignty and independence of the Ukrainian state and nation.

Summarizing, we note that in the inner world of the personality integrated a wide range of emotional experiences. The most powerful emotion, which contains huge potential of the personality, is an experience of joy. It experiences joy as a result of success is determinant in the formation of spiritually-moral personality with the steady pursuit of national self-assertion. Thus, given the specificity of emotional experiences of happiness and altruistic nature of moral action and of an image "I" of the personality, is to use it to create the necessary conditions for positive

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powerful experiences, leveraging all the potential of personality in the process of national affirmation.

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